

## Fernhurst Junior School

### Positive Behaviour Plan

Pupil Name:	Class:
Person writing plan:	Designation:
Date of Plan:	Review Date:

<b>Positive Behaviour:</b> What is behaviour like when pupil is happy/calm? <ul style="list-style-type: none"><li>•</li></ul>
What activities/resources does the pupil like/ find reinforcing? <ul style="list-style-type: none"><li>•</li></ul>

<b>Triggers:</b> What situations have led to problems/behaviours which require action in the past? <ul style="list-style-type: none"><li>•</li></ul>
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<b>Behaviours:</b> What kinds of behaviours might be seen when the pupil is agitated/distressed? <ul style="list-style-type: none"><li>•</li></ul>
<b>What skills do I most need to learn:</b> <ul style="list-style-type: none"><li>•</li></ul>

<b>Prevention:</b> What can be done to prevent behaviours occurring? <ul style="list-style-type: none"><li>•</li></ul>
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<b>De-escalation Strategies: What calms things down?</b> Highlight ones in yellow to try and give examples. (highlight in red ones to avoid)		
Verbal advice and support	Firm clear directions	Negotiation
Choices offered	Distraction	Diversion
Reassurance	Planned Ignoring	Contingent touch
Withdrawal offered	Withdrawal directed	Involve new person
Humour	Reminders of Success	Time to calm down
CALM talking	CALM body language	
Other:		

<b>Physical Intervention: To be used as a last resort.</b> Highlight those to be used in yellow and ones to avoid in red.		
Help hug	Cradle hug	Wrap
Standing single elbow (two person)	Standing double elbow	Half Shield
Sitting single elbow (two person)	Sitting double elbow (one person)	Small person escort

Follow Up:
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Notification: Who will these plans be shared with? Please highlight.		
All school staff	Parents/carers	Social Worker
School nurse	MABS	Other (please state)

Please sign, name and date before circulating plan.

Teacher:	Name:	Date:
Parent/Carer:	Name:	Date:
Inclusion Manager:	Name:	Date:

**(Taken from PBP at Mary Rose Academy)**