

January 2024

Pastoral NEWSLETTER



**FERNHURST
JUNIOR SCHOOL**
Together Towards Success

Dear Parents and Carers

School Nurse Clinics

The School Nurse will be holding clinics on the following days from 9-11am

Friday 9th February 2024
Friday 8th March 2024



Please contact the school office if you would like to book an appointment.

Children's Safeguarding

We all have a duty to safeguard our children. It is important that children feel heard and are comfortable to raise any concerns or worries that they may have both at home and in school. Should a child raise a concern with a member of school staff, we have a legal duty to report this to Portsmouth Multi-Agency Safeguarding Hub (MASH). The MASH is multi agency and brings together services such as from social care, education, health and police. The MASH aims to work together to offer the right help at the right time to families who need support.

We understand that these referrals can sometimes feel frightening for families, however it is process which is in place to keep all children safe. The aim is always to work with families to offer appropriate support in an open and transparent way. Families will be contacted by the referring agency if a MASH referral is deemed appropriate. The only exception is when a child discloses something that puts them at immediate risk of harm; in this instance we are not allowed to inform parents of the concerns which have been raised.

If you are concerned about a child in Portsmouth, it is important that you talk to someone about this. Don't ignore your concerns or delay taking action.

During office hours call 0845 671 0271 or 023 9268 8793

Out of office hours call 0300 555 1373

If a child is at immediate risk of harm, call the Police on 999.

You can contact the NSPCC on 0808 800 5000 (free service, lines open 24 hours a day). They will listen to your concerns, offer advice and support and can take action on your behalf if a child is in danger. For further information or to report your concerns online visit the [NSPCC website Keeping Children Safe](https://www.nspcc.org.uk/keeping-children-safe/) page.

Portsmouth HIVE – Uniform Share Store

Our Uniform Share Store helps families across the city by getting children and young people kitted out in their school uniform.

Constantly having to buy new uniform including school shoes, PE kit, items with logos and other essentials means that costs can soon mount up. This can add to the financial pressure on parents, especially in these challenging times.

Our Uniform Share Store can help. It boasts hundreds of good quality uniform items, both second-hand and new. They have all been sorted and stored, ready to be worn.

Not only does the scheme save families money, it's also great for the environment – particularly given the rate at which children grow!

Simply fill in the form here [Uniform Share Store | HIVE Portsmouth](#) - making sure to include the size/ gender uniform you require - and our team will put together your order and arrange a convenient day and time for collection from Central Library, Guildhall Square.

They'll also be able to talk you through other ways in which you can access support locally.

Household Support Fund

The [household support fund](#) is money that government has given local councils so they can support the most vulnerable residents with essential daily costs, like buying food and paying energy bills.

The information on this page is for people living in the Portsmouth City Council area, PO1 to PO6.

Let's Play Portsmouth

HAF have teamed up with the Household Support Fund to bring you family days this January and February, for ALL families in Portsmouth. Click [here](#) to see their website to see all the events they are running. **Everything's free and everyone's welcome!**

Each activity day will be run by your trusted HAF providers, so you know you'll be getting great leaders with fantastic food for your families. To Book click [here](#).

Yours sincerely



Mrs Hudson
Assistant Head teacher / Inclusion Lead



Small changes,
big differences.



Triple P Discussion Groups

For School-Aged Children

Learn how to set boundaries and create routines that work for your family.
All sessions will offer basic strategies and ideas for anyone who wants to help their child
to be the best they can be.

Dealing with Disobedience

Tuesday 9th January, 10:00am - 12:30pm

Paulsgrove Family Hub, Cheltenham Road, Paulsgrove, Portsmouth, PO6 3PL
T: 02392 88 25 88

Coping with Teen Emotions

Thursday 25th January, 10:00am - 12:30pm

Paulsgrove Family Hub, Cheltenham Road, Paulsgrove, Portsmouth, PO6 3PL
T: 02392 88 25 88

Reducing Family Conflict

Thursday 1st February, 10:00am - 12:30pm

Somerstown Family Hub, Omega St, Southsea, PO5 4LP
T: 02392 88 25 88

Getting Teens to Cooperate

Tuesday 6th February, 12:00pm - 2:30pm

Milton Park Family Hub, Perth Road, Southsea, PO4 8EU
T: 02392 88 25 88

Small changes,
big differences.



Triple P Discussion Groups

For School-Aged Children

Learn how to set boundaries and create routines that work for your family.
All sessions will offer basic strategies and ideas for anyone who wants to help their child
to be the best they can be.

Getting Teens to Cooperate

Tuesday 20th February, 10:00am - 12:30pm

Milton Park Family Hub, Perth Road, Southsea, PO4 8EU

T: 02392 88 25 88

Managing Fighting and Aggression

Thursday 29th February, 10:00am - 12:30pm

Paulsgrove Family Hub, Cheltenham Road, Paulsgrove, Portsmouth, PO6 3PL

T: 02392 88 25 88

Managing Fighting and Aggression

Tuesday 12th March, 12:00pm - 14:30pm

Milton Park Family Hub, Perth Road, Southsea, PO4 8EU

T: 02392 88 25 88

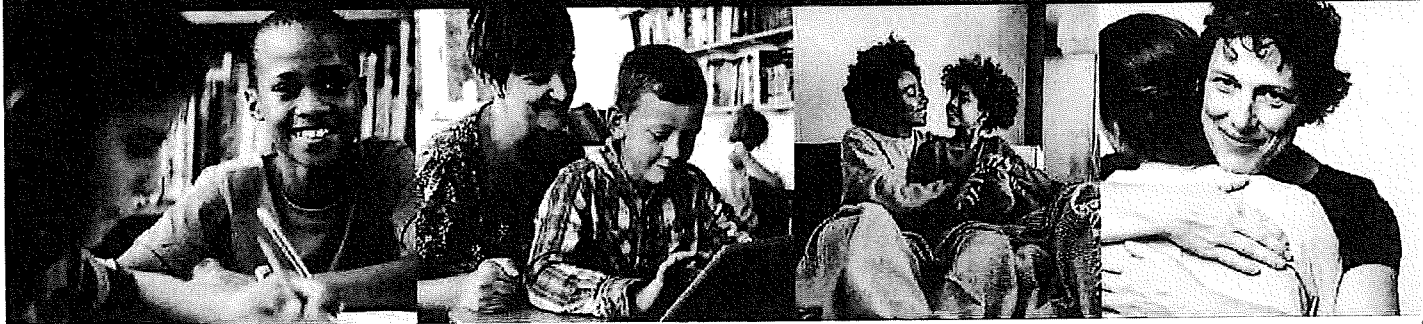
Getting Teens to Cooperate

Tuesday 19th March, 10:00am - 12:30pm

Paulsgrove Family Hub, Cheltenham Road, Paulsgrove, Portsmouth, PO6 3PL

T: 02392 88 25 88

Small changes,
big differences.



Triple P Discussion Groups

For School-Aged Children

Learn how to set boundaries and create routines that work for your family.
All sessions will offer basic strategies and ideas for anyone who wants to help their child
to be the best they can be.

Reducing Family Conflict

Tuesday 26th March, 18:00pm - 20:30pm

Paulsgrove Family Hub, Cheltenham Road, Paulsgrove, Portsmouth, PO6 3PL

T: 02392 88 25 88

Dealing with Disobedience

Wednesday 27th March, 12:00 pm—2:30pm

Somerstown Family Hub, Omega St, Southsea, PO5 4LP

T: 02392 88 25 88

TO BOOK YOUR PLACE, PLEASE CALL THE RELEVANT FAMILY HUB

Updated 04/01/204

www.triplep.net

HELP WITH THE COST OF LIVING

**Check if you qualify for a household
support voucher or payment at
portsmouth.gov.uk/household-support**

If you can't go online, call 023 9268 8010

**Everyone can get free cost of living
support and advice.**

See over for details ➡

OUR HUB AND HELPLINE

Visit our online cost of living hub, a one-stop source of local advice and support, at **portsmouth.gov.uk/costofliving**

Find information on how you can get support with food, bills, and essentials; how to save money, and how to deal with debt, housing, health and wellbeing issues.

If you want to talk to someone, call us on **023 9284 1047** for advice tailored to your individual situation. The helpline is available 9am–5pm on weekdays (closes 4.30pm Fridays).

ADVICE PORTSMOUTH

You can get help with a range of money matters, including debt advice, benefit entitlements and applications, household bills and budgeting, consumer issues and employment rights:

 **adviceportsmouth.org.uk**  **023 9279 4340**

YOUR LOCAL HOUSING OFFICE

If you're a council tenant, your housing officer has access to specialist money advice to help make sure you're getting all the money you're entitled to:

 **portsmouth.gov.uk/contact/#housing**

SWITCHED ON PORTSMOUTH

As a Portsmouth resident, you can access a number of ways to save energy, money and carbon:

 **switchedonportsmouth.co.uk**  **freephone 0800 260 5907**



023 9284 1047